The Brand Name Bandwagon

By Jo Robinson

By the year 2005, industry experts predict that half of all the fresh meat products in your supermarket will carry a brand name. No more anonymous, shrink-wrapped steak and hamburger. The reason for the branding is simple: merely adding a name to meat can increase sales by thirty percent or more.

Why does branding carry such clout? The answer is "word association." The right name can trick customers into believing that beef that comes from a confined, medicated, and hormone-impregnated steer is the most wholesome product they can buy.

Here's how it works. Let's imagine that you're the owner of a large feedlot operation in lowa, and you're wondering if jumping onto the branded meat bandwagon will boost your sales. To find out, you hire a team of marketing consultants. The consultants inform you that adding a brand name can be very effective as long as you know the ropes. First, they say, your brand name should include the name of a farm or, better yet, a specific person. If you call your feedlot beef "Marvin's Beef," for example, customers are going to assume there's a Marvin somewhere who cares about his reputation, and, therefore, his beef. Without having to make any overt claims, there is the unspoken assumption that Marvin takes care of his operation a little better than a nameless feedlot operator, or he wouldn't put his name on it. (Of course, the fact that Marvin doesn't exist and that the name was selected by your paid focus group remains your little secret.)

You will boost sales even more, they tell you, if you add "lowa" to your label. Most people have a positive association with where they live. They harbor the illusion that shady dealings and shoddy products are found somewhere else, surely not in their back yard. (For years, I avoided Arkansas chicken and paid more for "Washington grown," assuming I was feeding my family a more wholesome product. Then I toured a Washington State confinement poultry operation and learned the grim truth ...)

To further enhance your brand name, your consultants tell you, it would be wise to add a bucolic term or two. Most consumers are so estranged from the land that they are suckers for anything that suggests country living. How about "Farmer Marvin's Iowa Beef?" you ask. This happens to be an excellent choice of words because "Farmer Marvin" manages to evoke the past as well as the countryside. You give your graphic artists the go-ahead to design a logo with a red barn and haystack to reinforce this link with the past.

Great. With just four carefully chosen words, you've managed to imbue your feedlot meat with integrity, local pride, wholesome country living, and the nostalgic past. But what about those legions of "green" and health conscious consumers? Has your brand name lured them in yet? Not really. So, say your consultants, it's time to reach for some of those ubiquitous words linked with health, nature, and wholesomeness. Luckily, the USDA allows you to add the

words "fresh" and "natural" to any unfrozen animal product that is not rotten and has not been altered subsequent to slaughter. Prior to slaughter, of course, your animals may have been stressed, implanted with hormones, fattened on stale pastry, and fed a steady diet of sub-therapeutic antibiotics. Nonetheless, once they are butchered they become "fresh and natural" in the eyes of the feds.

So, now you have: "Farmer Marvin's Fresh 'n Natural Iowa Beef." (Note how that "'n" adds a little extra folksy charm? Your marketing consultants are earning their money!) With such a label, who is going to guess that you're peddling meat from cattle that were implanted with hormones and spent the last six months of their lives standing in their own offal and eating antibiotic-laced grain. And wonders of wonders, you have not violated any packaging regulations. You've just toyed with the consumers' imagination.

Just when you're ready to spend tens of thousands of dollars to trademark your name and begin your marketing campaign, you begin to hear people on the fringe talking about the benefits of something called "pastured products." Darn! There might be something to those health claims. You run back to your consultants, and they come up with a simple solution. Simply add the words "meadows" or "prairie" to your label, they say. These words conjure up lush fields of grass without actually saying your animals eat any of the stuff. Image is all.

Unfortunately, all this branding and grandstanding of feedlot beef is going to make life much more difficult for the hundreds of farmers who are now raising their beef on pasture without the use of hormones or antibiotics. The very qualities they embody—name accountability; local production; and a more natural, wholesome, and nutritious product—are going to be blazoned on half the meat sold in the supermarket. And the big guys are going to have millions of dollars to spend on advertising. How are consumers going to tell one pound of hamburger from another?

I have some advice for shoppers. Forget the brand names and fancy labels. Call the meat producer's 1-800 phone number and say that you want to come for a visit. Tell them you want to see with your own eyes: 1) where the animals were raised, 2) what they were fed, and 3) how they were treated. Settle for nothing less. This is the one arena in which factory farming cannot compete. The producers of Farmer Marvin's Fresh 'n Natural Prairie BeefÔ (alias IBP) will not allow you to tour their feedlots. They know full well that seeing hundreds of bored, half-sick cattle standing around on dirt and manure will not help their sales.

Money can buy the image, but it *cannot* buy the real thing.

Jo Robinson is a New York Times bestselling writer. **The Omega Diet**, the book she coauthored with Dr. Artemis Simopoulos, explores the ideas in this article in more depth. **Why Grassfed Is Best!** focuses on the benefits of pastured animal products.